

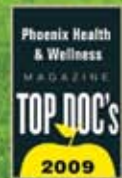
NON-SURGICAL SPINAL DECOMPRESSION THERAPY



**THE NON-SURGICAL
TREATMENT OF CHOICE FOR**

- BULGING DISCS**
- HERNIATED DISCS**
- DISC DEGENERATION**
- SPINAL ARTHRITIS**
- SCIATICA**
- UNEXPLAINED CHRONIC
LOW BACK PAIN**
- FAILED LOW BACK SURGERY**
- LATERAL CANAL STENOSIS**

Spinal Decompression Therapy (SDT) is considered by most physicians to be a breakthrough in the care of many forms of back and neck pain. It has a particularly successful track record with spinal disc problems, with multiple studies indicating it to be successful for approximately 82% of patients.¹ Many patients with disc related problems discover this treatment if epidural injections and standard physical therapy are not helping their problem. Many patients avoid spinal surgery and recover completely from disc problems with spinal decompression therapy given by an experienced doctor.



CAN YOU RECOVER WITHOUT SURGERY?

To find out if you are a good candidate for SDT visit
ArizonaSpineAndDisc.com

PATIENTS WITH MRI MAY QUALIFY FOR A NO-COST CONSULTATION.
FILL IN AN ONLINE QUESTIONNAIRE FOR A DOCTOR TO REVIEW.

ARIZONA
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Phoenix Health and Wellness

Evander HOLYFIELD

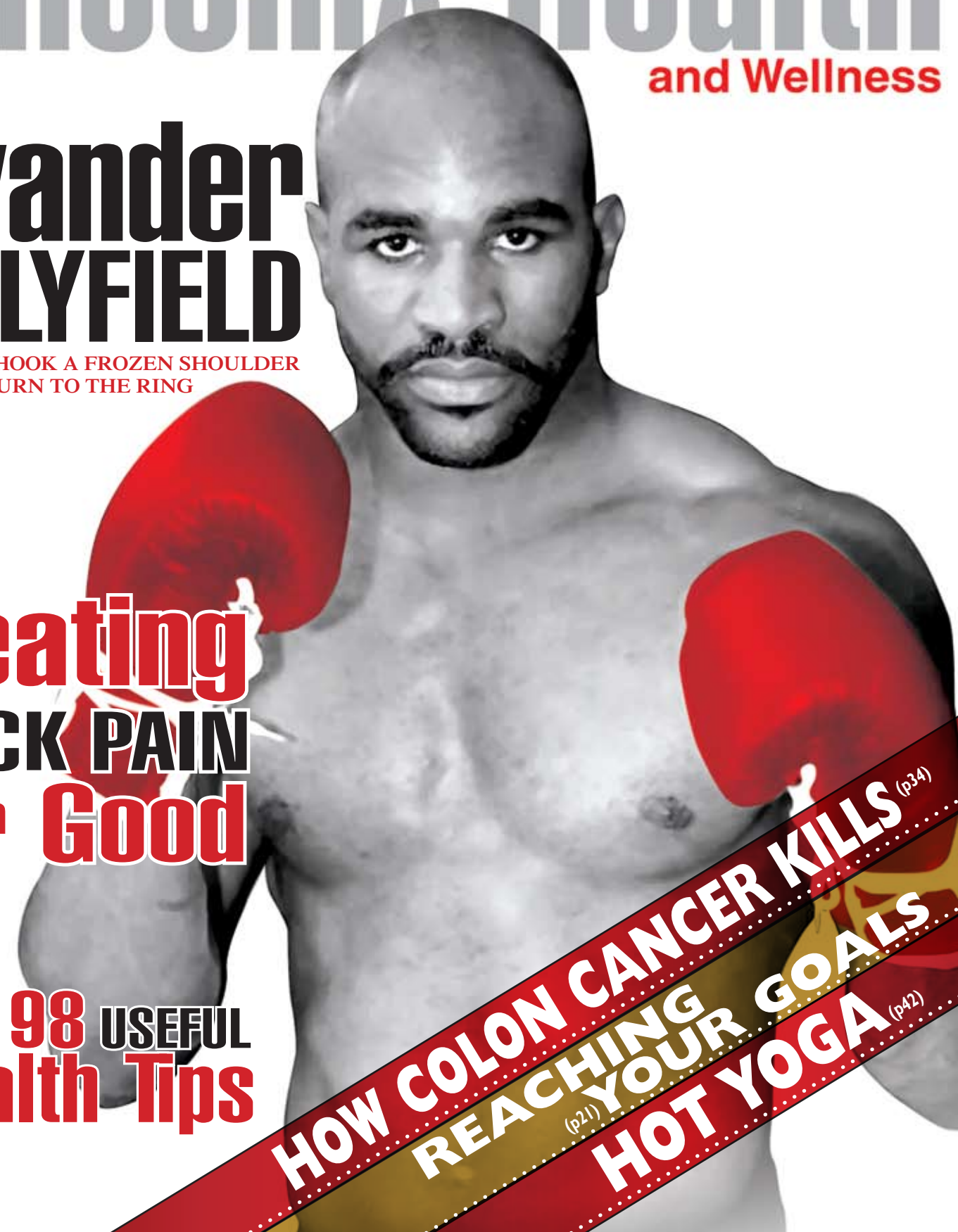
HOW HE SHOOK A FROZEN SHOULDER
& HIS RETURN TO THE RING
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Beating BACK PAIN for Good

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PLUS
OVER 98 USEFUL
Health Tips

HOW COLON CANCER KILLS (p34)
REACHING YOUR GOALS (p21)
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MANIPULATION UNDER ANESTHESIA

**MUA IS CONSIDERED A TREATMENT
OPTION FOR SOME PEOPLE WITH**

FROZEN SHOULDER SYNDROME

FIBROMYALGIA

CHRONIC BACK PAIN

PLANTAR FASCIITIS

SCAR TISSUE

IMMOBILITY FROM PREVIOUS INJURIES

IMMOBILITY FROM PREVIOUS SURGERIES

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